

Note: NO GLASS, AEROSOLS, FLAMMABLE ITEMS OR PORK.

Cans with ring pulls, if possible. Small packs/containers as easier to pack.

Thank you for your support of our deployed military personnel.

Candy

Candy (heat resistant) Fruit Breezes
(throat drops)
Twizzlers

Correspondence

Writing paper and envelopes
Pens/pencils
Blank cards
Notepads
Scotch tape

Toiletries/Hygiene

Dental Floss
Toothbrushes
Toothpaste
Nail clippers
Baby wipes
Sanitizer wipes
Hand sanitizer
Chapstick
Sunscreen
Wash cloths
Small tissue packs
Foot powder
Eye drops
Q Tips
Razors
Feminine hygiene (for female troops)

Beverages

Coffee (instant)
Coffee Creamer (powder)
Gatorade (powder)
Powdered drink mixes
Tea mixes (sweet) or tea bags

Foods (including dry goods, snacks)

Bars (Clif or Balance)
Beef jerky
Bean dip (canned)
Canned fruit (pop-top cans) Cereal
(in small boxes)
Cheese dip (canned)
Cookies, e.g. butter cookies in can
Crackers in boxes, - Cheez-it
Dried fruit
Fig bars (Costco)
Fruit chews (Costco)
Fruit leathers (Costco)
Girl Scout cookies
Goldfish (small packs)
Granola bars
Gum (no sticks)
Jerky sticks (small packs)

Jif to Go

Nuts (small cans and packs)
Nutella
Oatmeal (instant)
Popcorn (microwave)
Pop-Tarts
Ravioli or other pasta (pop-top cans)
Snack mix (Costco)
Sunflower seeds & kernels
Trail mix (Costco)
Tuna kits

Games

Board games
Checkers (travel size)
Chess (travel Size)
Crossword puzzles
Sudoku puzzles
Playing cards
Frisbees
Pee Wee/Junior footballs (Walmart)

Music

CD fanny packs
CD's

Printed Materials

Books (novels, short stories)
Newspapers (local)
Magazines

Other

American flags (small)
Baggies (with zip lock)
Batteries (AA, D...)
Bug spray (must be packaged in zip-lock bag)
Duct tape
Flashlights (mini/mag lite, extra bulbs, lots of batteries)
Fans (battery-powered, small, with extra batteries)
Fly strips
Prepaid phone card
Scissors
Shoe insole cushions Socks (cushioned)
Sunglasses (black – no brand names)
Sweatbands (or panti-liners for use in helmets)