

Suggested List for our troops overseas – the “Shoebox Project” – Republican Women of Clallam County (RWCC)

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(Note: Any items not on this list need to be pre-approved by the RWCC Executive Board)

Candy

Candy (heat resistant)
Fruit Breezes (throat drops)
Twizzlers

Correspondence

Writing paper and envelopes
Pens/pencils

Dental

Floss
Mouthwash
Toothbrushes
Toothpaste

Drink

Coffee (instant)
Coffee creamer
Gatorade
Powdered drink mixes
Ea mixes (sweet) or tea bags
Kool-Aid Bursts (to freeze)

Food (including dry goods, snacks)

Sugar packets
Bars (Clif or Balance)
Beef jerky
Canned fruit (pop-top cans)
Cereal (in small boxes)

Condiments packages (ketchup, etc.)

Girl Scout cookies
Granola bars
Gum (no sticks)
Oatmeal (instant)
Pop-Tarts
Ravioli (pop-top cans)
Tuna kits

Games

Board games

Checkers (travel size)
Chess (travel Size)
Crossword puzzles
Playing cards

Music

CD fanny packs
CD's
Tapes

Printed Materials

Books (novels, short stories)
Newspapers (local)
Magazines

Toiletries/Hygiene

Baby wipes
Chapstick
Cold water wash (Woolite)
Baby wipes

Eye drops
Deodorant
Feminine hygiene (for female soldiers)
Foot powder
Hairbrushes
Hand lotion
Hand sanitizers (waterless)
Nail clippers
Q-tips
Razors (disposable)
Shampoo
Soap
Sunscreen
Tissues (heavy duty – ie Puffs)
Toilet paper (including travel size)
Tylenol (individual packets)
Wash rags

Other

American flags (small)
Baggies (with zip lock)
Batteries (AA, D...)
Bug spray (must be packaged in zip-lock bag)
Duct tape
Disposable cameras
Flashlights (mini/mag lite, extra bulbs, lots of batteries)
Fans (battery-powered, small, with extra batteries)
Fly strips
Fly swatters
Prepaid phone cards
Shoe insole cushions
Socks (cushioned)
Sunglasses (black – no brand names)
Sweatbands (or panti-liners for use in helmets)